

2014

Ms. Alabama

Nursing Home Pageant Contestant

Ms. Lillian Opal Mitchell



Ms. Lillian Opal Mitchell, age 94, has been selected as a top ten finalist for the Ms. Alabama Nursing Home Pageant to be held at the Hyatt Regency Birmingham – The Wynfrey Hotel in Hoover on Monday, July 28, at 2:00 p.m. The winner of the pageant will serve as a spokesperson for nursing home residents and the Alabama Nursing Home Association (ANHA).

Earlier this year, Ms. Mitchell earned the title of Ms. Cullman Long Term Care & Rehab Center by competing in the facility's local pageant. Cullman Long Term Care & Rehab Center is a 102 bed skilled nursing facility.

If you visit the facility, you'll likely find Ms. Mitchell busy crafting bracelets or making quilts. She gives many of the bracelets to staff members or residents. One of her quilts won first place at the Cullman County Fair. In her free time, Ms. Mitchell encourages new residents to become involved in the life of the nursing home.

Ms. Mitchell and the other finalists were selected from a field of 58 contestants during preliminary judging in Montgomery. The contestants are evaluated on their outlook on life, personality, poise and involvement in their individual nursing homes.

"The Ms. Alabama Nursing Home Pageant is a celebration of life and our nursing home residents' contributions to their communities," ANHA President Frank Brown said. "Each of these contestants captures that spirit. These ladies are wonderful ambassadors for their individual nursing home and Alabama's long term care profession."

